# **ANGELA SCHUURMANS**

Angela has been figure skating since she was 8 years old. She competed up to Junior level, taking part in several National Championships in the mid-80's. She then took a break to focus on her University degree, career, and raising a family. In 2015, Angela returned to the ice to re-train and compete in the Australian Masters Games, winning gold in Adult Silver Ladies. Since then, she has competed in adult competitions locally, nationally and internationally, winning in Oberstdorf and again at the World Winter Masters Games in Innsbruck in 2020. She has been a coach since 2019, and now coaches both group classes and private lessons. Angela loves having the opportunity to coach and watch young skaters grow and develop as they learn new skills.

**Career Highlights:** I am most proud of personal achievement – whether it is my own, when I competed overseas, or the achievements of my skaters when I see them perform better today than they did yesterday.

## **Personal Skating Achievements**

- Represented SA Nationally 83-86
- 1987 Junior Ladies SA State Champion
- 2015, 2019 Australian Masters Games, 1st place
- 2017-2021 SA State Champion Adult Silver/Gold Ladies, 1st place
- 2017- 2019 Australian National Champion Adult Silver/Gold Ladies, 1st place
- 2019 ISU International Adult Competition, Oberstdorf Germany 1st place
- 2020 World Winter Masters Games, Innsbruck Austria 1st place

#### **My Coaching Philosophy**

I believe a coach's role is not only to teach the technical skills of skating but also support the mental wellbeing of the skater, encouraging a positive attitude and respect in all they do. I believe everyone should be able to learn and train in a friendly and supportive environment, regardless of their age or ability – the ice is there for all of us!

#### **Memberships**

- APSA (Australian Professional Skaters Association)
- SAISA (South Australian Ice Skating Association)
- SBFSC (Silver Blades Figure Skating Club)

### **Accreditation & Clearances**

- Level 1 Coaching Accreditation
- Working With Children Check
- First Aid Certificate

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