

Richard Laidlaw

Figure Skating Coach

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0417 898 028

ELITE Level 6 Accredited Coach



Memberships:

- Silver Blades Ice Skating Club
- SA Ice Skating Association
- SAPSA – South Australian Professional Skaters Association
- APSA – Australian Professional Skaters Association

Personal Skating Achievements:

- Represented SA at Nationally Level 81 - 84
- 1982 SA Primary Mens Champion
- 1983 SA Novice Mens Champion
- 1984 SA Junior Mens Champion

Years of coaching:

- 1995 - till present - working with all levels and ages

Coaching Education:

- Level 5 Skating Coach Accreditation
- Accredited Harness Operator
- Accredited Off Ice Spinner & Harness Coach
- Strength & Conditioning
- Fitness Testing
- Sports Medicine
- Competition Accounting
- Bio Mechanics of Skating
- Mental Preparation
- Off Ice Training
- Working with Intellectually Disabled
- Mentor Coach

International Training – (*I've worked extensively with the international & Olympic coaches below and still mentored by some*)

- Frank Carroll 2016/18
- Kathy Casey – 2014/15
- Lee Barkell - 2014
- Anthony Lieu - 2016
- Tiffany Chin – 2016
- Brian Orser – 2015/18
- Tom Zakrajsek – 2018/19/23
- Christy Krall – 2018/19/23
- Tammy Gamble 2019/23
- Janet Champion 2018/19/23
- Manon Perron – 2014/15/16/17
- Sheila Thelen – 2022

International Coaching Camps Presenter

- | | |
|---|-------------|
| - 2015 Cambodia Ice Rink | CAMBODIA |
| - 2017 Silver Blades Figure Skating Club | ADELAIDE |
| - 2017 Tasmania Figure Skating Association | TASMANIA |
| - 2018 Paradise Ice Auckland Figure Skaters | NEW ZEALAND |
| - 2018 Tasmania Figure Skating Association | TASMANIA |
| - 2018 Liverpool Figure Skating Club | SYDNEY |
| - 2018 O'Brien Arena Figure Skating | MELBOURNE |
| - 2019 Paradise Ice Auckland Figure Skaters | NEW ZEALAND |
| - 2019 Sky Rink Indonesian Figure Skating | INDONESIA |
| - 2019 Tasmania Figure Skating Association | TASMANIA |
| - 2022 Liverpool Figure Skating Club | SYDNEY |
| - 2023 Indian Figure Skating Assoc | INDIA |

Coach Accreditation (Australian Sports Commission):

- Accredited Level 6 - Elite Coach
- Accredited Level 2 Pairs Coach
- Accredited Level 2 Ice Dance Coach
- Accredited Level 2 Synchro Coach
- Accredited Over Head & Pole Harness
- APSA Mentor Coach
- Working With Children Check
- Mandatory Notifier
- Working with Special Needs
- Senior First Aid

Insurance:

- YES - APSA

Coaching Experience:

- Aussie Skate
- ISIA (Ice Skating Institute of America): Alpha - Test 7
- Acrobatics Coach
- Adelaide Syncro Team: 1984 – 87
- I've trained students from beginner to senior international, teaching all jumps from waltz jump to quads.

Positions Held:

- South Australian Ice Sports Federation - TREASURER (2009 - 2016)
- Consultant – Silver Blades Figure Skating Club
- South Australian Ice Sports Federation – Board Member (2019 - 20)
- South Australian Ice Sports Federation – Treasurer (2020 – Current)
- Australian Professional Skaters Association Treasurer (2019 – Current)

Skating Related Achievements:

- Principal Skater in Ice Shows - International / Australia (15 Years)
- Producer / Choreographer of numerous International Ice shows since 1985

Coaching Philosophy:

Skating should always be fun!!!! Not everyone will be a champion, it's important to have a dream, follow the dream and achieve it! DREAM BIG! Let's make it HAPPEN together

Along the way, students develop life skills that will benefit them far beyond the sport

STUDENT ACHIEVEMENTS

Australian National Titles

- 2013 Australian Novice Mens Champion – James Min
- 2014 Australian Novice Mens Champion – James Min
- 2015 Australian Junior Mens Champion – James Min
- 2015 Australian Novice Mens Champion – Giuseppe Triulcio
- 2016 Australian Junior Men Champion – James Min
- 2016 Australian Senior Men Silver Medallist – James Min
- 2017 Australian Basic Novice Mens Champion – Andy Yao
- 2017 Australian National Junior Pair Champions – Tremayne Bevan & Kaitlyn Inneson
- 2019 Australian National Junior Pair Champions – Tremayne Bevan & Campbell Young

International Assignments

- 2013 Skate Down Under – Australia - James Min 1st Place
- 2014 Jegvirag Trophy – Hungary – James Min 3rd place
- 2014 JGP – Japan – James Min
- 2014 JGP – Estonia – James Min

- 2015 Junior Worlds – Estonia – James Min
- 2015 JGP –Colorado – James Min
- 2015 JGP – Croatia – James Min
- 2015 Asian Open Trophy - Thailand – Giuseppe Triulcio 3rd place / James Min
- 2016 Junior Worlds – Hungary – James Min
- 2016 JGP – Japan - James Min
- 2016 Asian Open – Philippine – James Min / Giuseppe Triulcio
- 2016 JGP – Estonia – Giuseppe Triulcio
- 2017 Asian Open – Hong Kong – James Min / Giuseppe Triulcio / Isabelle Mason
- 2017 Junior Worlds – Taiwan – James Min
- 2017 JGP Brisbane – Giuseppe Triulcio
- 2018 Asian Open – Thailand – James Min
- 2018 JGP Vancouver – James Min
- 2019 JGP Russia – Andy Yao
- 2019 Asian Open – China – Ciana Tang Edwards
- 2021 Santa Claus Cup – Hungary – Douglas Gerber
- 2022 SEA Trophy – Singapore – D.Gerber, M.Tiwai, V.Chong, J.Linn, A.Burns, I.Wang, H.Smith
- 2022 Asian Open Trophy – Indonseia - D.Gerber, M.Tiwai, V.Chong, J.Linn, A.Burns, I.Wang, H.Smith
- 2023 Oceania - NZ – J Lin, V Chong, K Thomson, A Burns, S Young, J Cusack
- 2023 Hollins – Australia V Chong, M Tiwari, D Gerber, I Wang,
- 2023 Thailand Open – S. Young, H.Smith Joseph
- 2023 Asian Trophy – Thailand - K Thomson, V Chong, M Tiwari, S Young, J Cusack, A Burns
- 2023 Thailand JGP – V Chong / M Tiwari